

# Accusation, Guilt and Shame

(with just a splash of performance)

[God] has reconciled you by Christ's physical body through death to present you holy in his sight, without blemish and free from accusation –Colossians 1:22

## DEFINITION of ACCUSATION

The voice of condemnation that declares Christ's sacrifice as insufficient for redemption and absolution, which pushes people to the law (to be justified by works).

## DOORWAYS

- Generational
- Unforgiveness
- Problems stemming from pregnancy or birth, blamed on baby
- Lack of nurturing, usually by father
- Religion, as an entry point for the law
- Acceptance of blame authored by you or others (curses)
- Negative self-talk, self-condemnation
- Words of judgement

## DESCRIPTION

Accusation says that there is *any* legitimate reason for you or others to be condemned and cut off from relationship with God or man. It nullifies the redemptive work of Christ: by preaching condemnation based on your failures, and the empty promise of justification by works. It seeks to bind people to the hamster wheel of the law, never releasing them into their destiny in Jesus. Accusation finds fault with a person and attaches their shortcoming to them permanently. It separates us from God, one another and ourselves.

When accusation comes along we've got a choice. You can agree with it and the only place to go is guilt. The emotional consequence of guilt is shame. Guilt is the agreement with accusation, and shame is the emotional product of guilt. As long as anybody feels that God is somehow angry or upset with them, it is as if there are walls around their emotional system, protecting them from further (perceived) harm. What that move really does, though, is blocks the light of Christ from healing those very wounds. Accusation can lead to bitterness, (and vice versa) as we resent the perceived source of the accusation.

Accusation can come with Truth (evidence), which doesn't make it okay. In Gen. 3, Adam said, "The women you gave to me gave me this fruit." It's factually true, but there's a spirit of accusation in there. Accusation can sound like "You're such a (control freak)!" It likes to attach labels. "You never (consider others)!" "you always (avoid conflict)!" "If you were serious about your relationship with God, you would (read the Bible more)." Accusation can sound like reasonable strategy - someone might say "Well I (didn't speak up) because you ALWAYS (shoot my ideas down). You are assuming sin on their part. Or they are assuming sin about you. Accusation tears down; love builds up. Accusation focuses on the problem; grace focuses on the solution (which is Jesus). Accusation appears to be taking you into righteousness (like an evil motivator), but it's there to bring death. Accusation masquerades as a minister of righteousness. II Cor 11:13-15. If you fail and come to God, but you can't experience his forgiveness, either: 1) you haven't acknowledged God's total forgiveness in Jesus, or 2) an accusing spirit is at work. The result is that you simply don't feel worthy of God's glory in your life.

As you feel accused, you have two options: to wallow in your guilt and shame, or attempt to rise out of it by efforts (the law). Either way, you're heading toward death.

## UNDERLINGS

Unworthiness, Self-rejection, Rebellion (the reaction of someone who feel condemned), Programming or Mind Control (automates you to react in pre-determined ways), guilt, fear resulting from guilt, loneliness

Control – form of witchcraft. Enemy controls you without permission. God controls you with your permission; don't submit to someone who tries to control you. Example: "You never (take out the trash)!" Oh yeah, I'll take out the trash! - you were just manipulated and it happened through accusation. God doesn't control you. He wants you to be in agreement and then submission. He doesn't put a hook through your nose and pull you around. He wants to lead you gently - Psalm 23.

Manipulation, Prefabricated personality (party guy, funny guy, brooding artist, idiot, irresponsible), Fear or projected fear

False burden-bearing (you're not enough to save so and so), legalism (the law), religion

Comparison – compare yourself to others

Competition – always having to be #1. If you are to be great in the kingdom, you have to be a servant; give up place of honor – anti American culture. Repent of Americanism. You want no part of the American culture. doesn't mean don't be patriotic. Just means don't take your cues for values from America. America doesn't have the ability to lead us to the Lord. *Another Ex. comparing prayers.*

Replay – can't stop thinking about an offense, Slander, Gossip

Suspicion – always expecting/ assuming bad intentions

Judging, critical spirit, condemnation (do people around you feel judged, shameful? Do YOU?), guilt, shame, hopelessness (if you find yourself accusing, it's because that's what you are receiving. We love BECAUSE He loves us - we love because we receive love. In the same way, we accuse because we've received accusation). Ask your wife, your kids, friends - am I often critical? - you may find something there...

Misunderstanding – are there misunderstandings around you? People misunderstand you or you misunderstand you.

Perfectionism – the performance-based NEED to be perfect, always. Because I don't feel good enough to be a regular guy. I get some right, I get some wrong. (common in first-borns)

Lying, Torment (think about unforgiveness - if you don't forgive, you will be tormented - wicked servant who would not forgive debt (Matt 18 - <sup>32</sup>"Then the master called the servant in. 'You wicked servant,' he said, 'I canceled all that debt of yours because you begged me to.' <sup>33</sup>Shouldn't you have had mercy on your fellow servant just as I had on you?' <sup>34</sup>In anger his master turned him over to the jailers to be tortured, until he should pay back all he owed.

<sup>35</sup>"This is how my heavenly Father will treat each of you unless you forgive your brother from your heart.")

, Destruction (connected with rebellion), Racism, Blame, Isolation/Division (ask yourself where are there separations in my relationships? Probably accusation there), Self-pity

## HEALTH CONSEQUENCES

All autoimmune diseases: prostate cancer (degeneration), lupus (*A More Excellent Way* "The body attacks the body because the person is attacking themselves spiritually in self-rejection, self-hatred, and self-bitterness. There is a spiritual dynamic that comes in which the white corpuscles are invisibly redirected to attack living tissue while ignoring the true enemy which is bacteria and viruses."), Crohn's Disease, Diabetes (rejection by a prominent male), MS, ADD, rheumatoid arthritis, Alzheimer's Disease, prostatitis, high cholesterol (self-directed anger), prostate cancer, coronary artery disease, psoriasis, migraine headaches (guilt over conflict resulting in fear), chronic fatigue syndrome, scleroderma, skin cancer (self-hatred), Graves' Disease (or hyperthyroidism, coupled with fear), obesity (with fear of failure or fear of man), Sexual dysfunction, ED. Not health but: shoplifting/out of control spending,

## GOD SAYS...

*The devil is the accuser of the brethren (Rev 12:10).* He wants to make you feel accused, and keep you under the penalty of guilt. Jesus has provided for you to GET OUT **Romans 8:31-35** Who outranks God? Some of us have thought we outrank God. He think I'm cool and forgiven, but He's wrong. You just put yourself above Him. No good. We need to be able to recognize the voice of the Accuser. As long as you receive the lie, he'll keep lying! Ex.: Romans says we ought not think of ourselves more highly than we should. Devil says, "You're nothing!" This is 'renewing your mind', a la Romans 12:1-2. BEWARE OF PREACHERS. Courtroom example.

*Shame is an evil spirit.* Job 10:15 "Even if I'm innocent, I can't lift my head because I'm full of shame." You can't even acknowledge the truth! It was introduced into the world in Genesis 3:10-11 (shame over nakedness - God says why did you hide? I was naked. God says "WHO TOLD YOU that you were naked?"). It brings about a terror of God: "If he ever got a hold of me, he'd destroy me." Shame is a half-brother of self-pity: it's the superglue of hell that binds you to the past. We can deal with shame by confession (James 5:16, I Jn 1:9), praying for one another, then standing on God's grace.

*God's grace via Jesus is all you need to be righteous.* **Psalm 103:2-17, Romans 4:4-8** You are WORTHY of God's love if he says you are! You are forgiven for every sin you'll commit. Not cute or humble to say "Oh, I'm just a sinner, I'm no good." If He says I've chosen you to be an authority in your home and a pillar of righteousness you say okay. Romans 8 says you will be conformed into his image- that's your destiny.

*Be very careful of what you receive.* I John 3:20- "If our hearts condemn us, God is greater than our hearts, and he knows all things." Be a Teflon skillet! Even SAY, "I don't receive that." Your soul is YOUR ground to watch over and manage. If we store up lies that others say about us, we will begin to live as if they're true. If you've confessed and received forgiveness for past sins, don't let them ever be brought up again! Rom 6:2 wages of sin is death. Don't suck on death words.... otherwise you will taste death.

*Be very careful about what you say.* Like God, your words have creative power. Proverbs 18:21 "Death and life are in the power of the tongue." When our hearts and words agree with God's will, they release His power. If our words agree with Satan's accusation, then we release his power. 2 Cor 4:13 "And since we have the same spirit of faith, according to what is written, 'I believed and therefore I spoke,' we also believe and therefore speak." Rom 10:10: "It is with your heart you believe and are justified, and it is with your mouth that you confess and are saved." Rom 10:17 "Faith comes by hearing, and hearing the Word of God." So, you can believe the truth or go with your feelings. Don't take directions from mind or emotions. Say it and your faith will be built up. Romans 12:14 Bless those who persecute you; bless and do not curse. Wives! Children! Employees! Students! Selves!

*Do not judge, condemn, or accuse.* **Luke 6:37** "A good man, out of the good treasure of his heart, brings forth good things; and an evil man, out of the evil treasure brings forth evil things. But I say to you that for every idle word men may speak, they will give account of it in the Day of Judgment. For by your words you will be justified, and by your words you will be condemned." **Matthew 23:4** [Pharisees] tie up heavy loads and put them on men's shoulders, but they themselves are not willing to lift a finger to move them. "Judge not, and you will not be judged. Do not condemn and you will not be condemned. Forgive! And you will be forgiven!" **Romans 2:1** "You are inexcusable, whoever you are that judge. For in whatever you judge another you condemn yourself, for you who judge practice the same things... or do you despise the riches of His goodness, forbearance, and longsuffering, not knowing that the goodness of God leads you to repentance?" Don't speak accusations over yourself or anyone else. These are curses. **Matthew 7:1-2, James 4:4-12, Hosea 4:4** "But let no man bring a charge, let no man accuse another" - You are taking satan's place when you do that.

*Be a man of grace, extending and receiving it with expertise.* Matthew 5:7 Blessed are the merciful: for they shall obtain mercy. Proverbs 19:11 "A man's wisdom gives him patience; it is to his glory to overlook an offense." Be merciful. Practice with the people around you.

## RECEIVE ABSOLUTION

### NOTHING BUT THE BLOOD OF JESUS

Micah 7:18-19

Joel 2:13

Isaiah 43:25

Isaiah 54: 17

Psalm 31:20

Psalm 25:1-20 (shame and rescue)

Psalm 103:2-17

Romans 4:4-8

### OBEY THIS WEEK

- Can you look in the mirror and honestly say, "I love you"?
- What are the statements of accusation that play in your head? (Family, teachers, spouse, ex-girlfriend or -wife, friend, etc.)
- What are the labels you that have been attached to you either by others or by yourself?
- Can you name people that you hang accusation on, piling them with 'heavy loads'?
- What do you accuse yourself of? Is there something painful in your past that you still have trouble confessing and sharing with others? Share these with your group, and let them pronounce absolution over you.
- Meditate on God's words of grace, acceptance, and permanent forgiveness, so that places that have had strongholds on them will be rebuilt by truth.

### MEMORIZE

[God] has reconciled you by Christ's physical body through death to present you holy in his sight, without blemish and free from accusation.

-Colossians 1:22